

Winter Menu 2026 - 2027

Essex County Council
Essex School Meals Advisory Service

Week 1

Autumn & Winter 2026

Monday

- Creamy Macaroni Cheese (v)
- Creamy Leek and Mushroom Pasta(v)
- Homemade Wholemeal Bread (ve)
- Broccoli (ve)
- Fresh Fruit (ve)

Tuesday

- Homemade Chicken Korma (P)
- Homemade Vegetable Samosa (v) with Sweet Chilli Sauce (v) (P)
- 50/50 Savoury Rice (ve)
- Green Beans (ve)
- Homemade Carrot Cake (v)

Wednesday

- Big Bite Sausage Roll
- Garden Vegetable Fajita (ve) NEW (P)
- Diced Potatoes (ve) Baked Beans (ve) or Carrots (ve) Optional Gravy (v)
- Fresh Fruit (ve)

Thursday

- Classic Margherita Pizza (v)
- Pizza Beans Served with Oven Baked Slices of Bread (v) NEW (P)
- Hot Pasta Salad (ve)
- Sweetcorn Cobs (ve)
- Oaty Toffee Apple Crumble and Custard

Friday

- Oven Baked Fish Fillet
- Omelette Muffin (v)
- Crispy Chips (v)
- Peas (ve)
- Chocolate Milk Pudding with Mandarins (v) or Yoghurt (v)

Also available daily - fresh bread, salad bar, fresh fruit, yoghurt, fresh milk and water. (P) = Contains pulses.

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Week 2

Autumn & Winter 2026

Monday

- Crispy Dippers (v) served with Oodles of Noodles
- Vegetable Chow Mein (v)
- Peas (ve)
- Fresh Fruit (ve)

Tuesday

- Fill your own Pork Burger in a Bun
- Boston Bean Burger in a Bun (v) (P)
- Lettuce (ve) Sliced Tomatoes (ve)
- Oil Free Oven Roasted New Potatoes (ve) Mayo
- Creamy Milk Pudding and Peach Slices or Yoghurt

Wednesday

- Roast Chicken and Yorkshire Pudding
- Roasted Vegetable Crumble (v) (P)
- Roast Potatoes (ve) Cauliflower (ve)
- Green Beans (ve) Optional Gravy
- Sticky Toffee Pudding Muffins (v)

Thursday

- Pasta Bolognese (v) (P)
- Cheese and Broccoli Pasta Bake (v) NEW
- Homemade Wholemeal Bread (v)
- Broccoli (ve)
- Fruit (ve)

Friday

- Fish Bites / Flipper Dipper
- Vegetable Quesadilla (v) (P)
- Chips (ve)
- Baked Beans (ve) or Sweetcorn (ve)
- Shortbread (v) Served with Fruit

Also available daily - fresh bread, salad bar, fresh fruit, yoghurt, fresh milk and water. (P) = Contains pulses.

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Week 1

Day	Lighter Meal Option
Monday	Jacket potato with beans
Tuesday	Tuna Wrap Ham Wrap
Wednesday	Jacket potato with beans
Thursday	Egg Wrap Cheese Wrap
Friday	Jacket potato with cheese

Week 2

Day	Lighter Meal Option
Monday	Egg Wrap Cheese Wrap
Tuesday	Tuna Wrap Ham Wrap
Wednesday	Jacket potato with beans
Thursday	Egg Wrap Cheese Wrap
Friday	Jacket potato with cheese