

Parent Guide

How can I use this with my children?

This fun, educational booklet is packed full of activities to go with the [‘How to Tell the Time’ video from Twinkl Kids’ TV](#).

How does this help my children’s learning?

There are a range of activities in this booklet that can help your child practise telling the time, using the video as a starting point. They can try it independently or you can do it together.

Ideas for further learning:

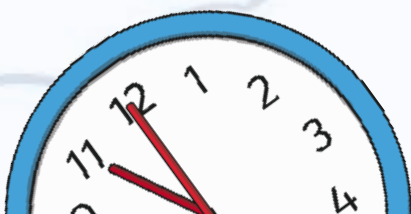
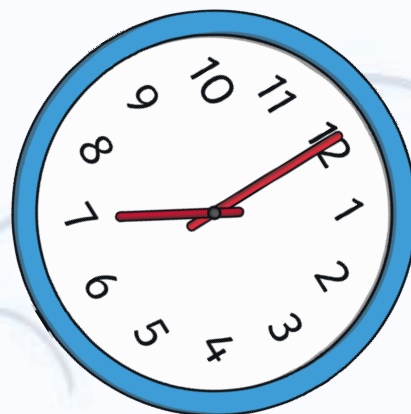
Head to our website for lots more resources to support learning about time. The best way to help is by making it part of your daily life by looking at and talking about both analogue and digital clocks.





How to Tell the Time

Video Activity Booklet



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You can find the video 'How to Tell the Time- Educational Video for Kids' on our Twinkl Kids' TV channel, on YouTube. Or simply follow this [link](#).

How to Tell the Time

There is a lot to remember when it comes to learning how to tell the time, but it's so important. How else would we know when to get-up? How would we know when it's hometime? How would we know when to meet our friends at the park?

Read through the information that you learnt about in this video. Ask a grown-up to help you if some of the words are tricky. Can you think of some actions which might help you remember the important parts? You could crouch down to show the short hour hand, or stand up tall on your tiptoes to be the minute hand.

You can use the script below to read along as you watch the 'How to Tell the Time' video.

We tell the time so we know when different events happen throughout the day, whether during the morning, noon, evening or night.



This is an analogue clock. The blue highlighted area is called the clock face. The red lines are called hands. No, not these types of hands!



We have two types of hands on the clock.

This is the minute hand. The minute hand is the longer hand.

The other type of hand is called

the hour hand. This hand lets us know what hour it is and it is the shorter hand.

The numbers on our clock face represent the hours.



Look at the minute hand zoom around the clock. We have sped up how long it would usually take.

You will notice that both hands are spinning in the same direction.

We call this clockwise.



What's the time?

When the longer hand (the minute hand) is pointing to the number 12 and the smaller hand (the hour hand) is pointing to one of the hour numbers we call this 'o'clock'.

For example, when the minute hand points to 12 and the hour hand points to 1, we say it's 1 o'clock.



But, when the minute hand (the bigger hand) gets to the number 6, then we say 'half past'.

You can see that when the minute hand is pointing to the 6 and the hour hand is pointing to number 7 we say, 'The time is half past 7'.



Is it 12 o'clock.....3 o'clock..... Or is it half past 3?

It's not half past 3.

It's 3 o'clock!



What time is it now?

Is it 10 o'clock... Half past 12... or is it 12 o'clock? It's not half past 12! Hint, look at where the minute hand is pointing.

It's 10 o'clock! The big hand is pointing at 12, so we say 'o'clock' and put it after the number that the small hand is pointing to, which is 10.



What is the time now?

Is it half past 6... 6 o'clock... or is it half past 4?

It's not 6 o'clock because the minute hand isn't pointing to the number 12. It's not half past 6 as both hands would be pointing at 6.

It's half past 4!



Well done! Why not check out more of our fun videos to explore other areas to help your learning?

Telling the Time

O'Clock

A new hour begins when the minute hand points to 12.

Minute Hand

The long hand points to the minutes past or to the hour.

Quarter To

45 minutes into the hour and 15 minutes before a new hour begins.

Quarter Past

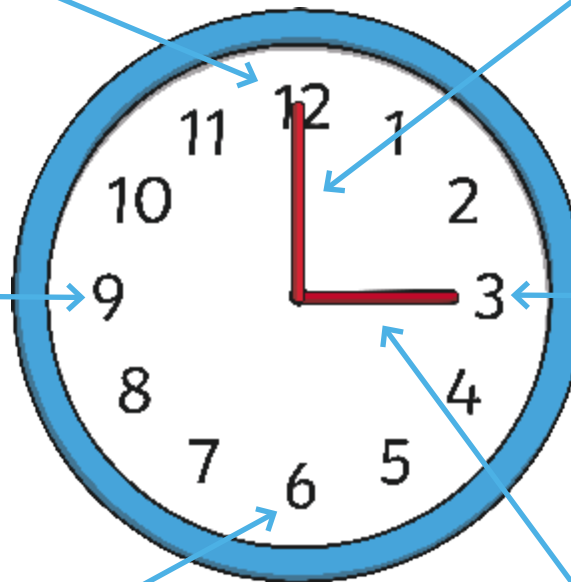
15 minutes into the hour. 15 is one quarter of 60.

Half Past

30 minutes into the hour.
30 is half of 60.

Hour Hand

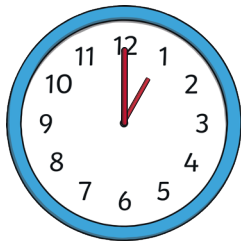
The short hand points to the hour. If this hand is pointing inbetween hours, it is the earlier hour of the two.



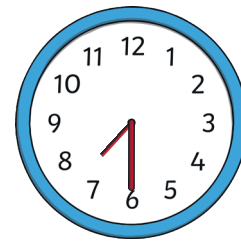
Clock Matching Activity

Telling the time can be hard. Look at the clock faces below and draw a line to match them to the time which they show. The first two are from the video so if you are really stuck, watch the video again and look out for the clocks! Then, you can use the first two to help you to think about the others.

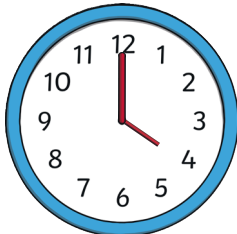
Remember, the long hand is the minute hand and the short hand is the hour hand.



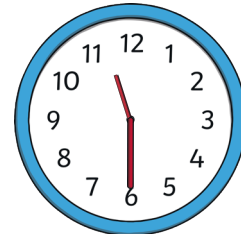
1 o'clock 3 o'clock 5 o'clock



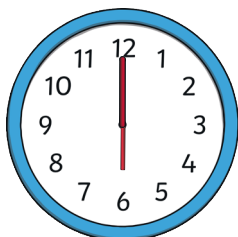
half past 8 half past 7 half past 2



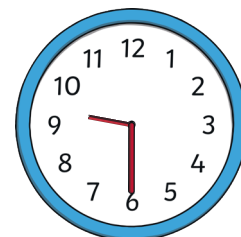
12 o'clock 3 o'clock 4 o'clock



half past 11 half past 2 half past 6



12 o'clock 6 o'clock 9 o'clock

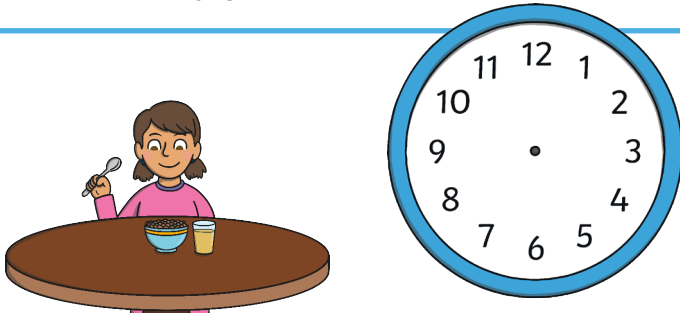


half past 9 half past 3 half past 6

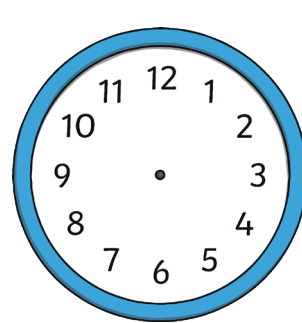
School Day Time Challenge

Here are some pictures which may be familiar to you. Do you remember your first day at school ever? Have you had more first days since? Were they all the same or were they different? Which one was your favourite?

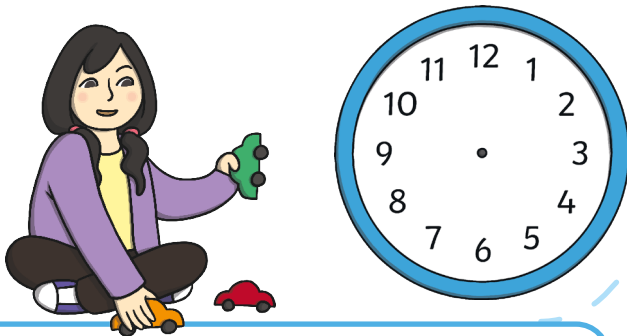
Read about this typical first day at school and what happens at each step. Pay close attention to what the time is. Draw the hands of the clock on the clock face. Remember, the minute hand is the long hand and the hour hand is the short hand. Use a ruler if you have one.



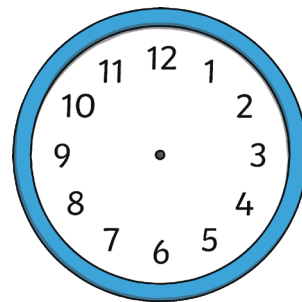
At 7 o'clock, I ate my breakfast.
What is your favourite breakfast?



At half past 8, I walked to school.
How do you get to school?



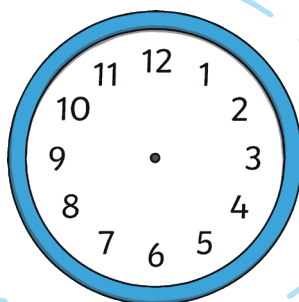
At 10 o'clock, it was playtime.
What adventures do you get up to at playtime?



At half past 3, I went to an after-school club.
Do you have any hobbies?



At 6 o'clock, I played in the garden.
How do you like to relax?



Event Matching

We often follow the same routines on most days and routine is good for us! You probably have your breakfast at the same time each day so that you can get to school on time. The school day is the same on most days. You might notice that the grown-ups around you also follow routines and do things at specific times.

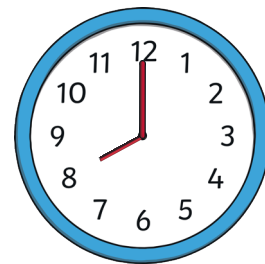
Your job here is to look at the time shown on the clock and try to read it out loud. All of the clocks show o'clock or half past. Can you work out what time is shown on the clock? You can think about what is happening at that time to help you. Is it morning, afternoon or evening? Is this the same time that you do this event?

Then, it's your turn to get creative! Look at the event and draw a picture in the box of that event. The first one has been done for you. If you would like to, you could write underneath what time you do this.

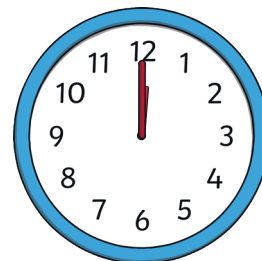
Don't forget to keep looking back at the video to remind you of the important stuff.



Breakfast



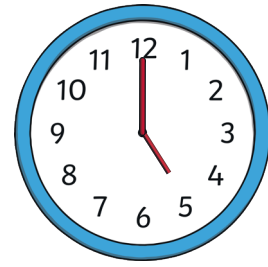
8:00am



Middy

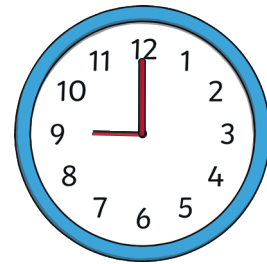
Lunchtime

Dinner



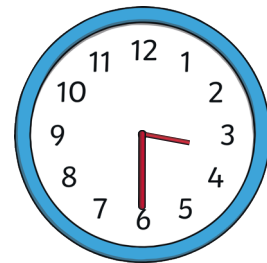
5:00pm

School



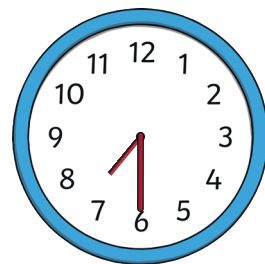
9:00am

Hometime



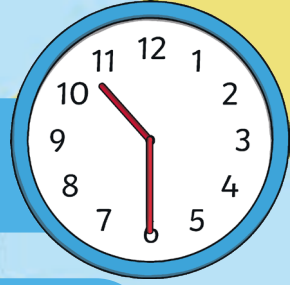
3:30pm

Bedtime



7:30pm

Time Word Search



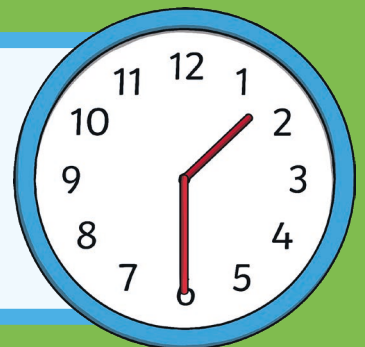
Have a go and see which of the words listed you can find hidden inside the word search. They are all words that are linked to telling the time, so spelling is important!

h q w p a s t e r
o y u i o p a d s
u f t i m e g h e
r q u a r t e r c
l z c l o c k c o
v b n m q w e r n
m i n u t e d f d
y u i o p h a l f
x r q c a h k u w

time
minute
hour

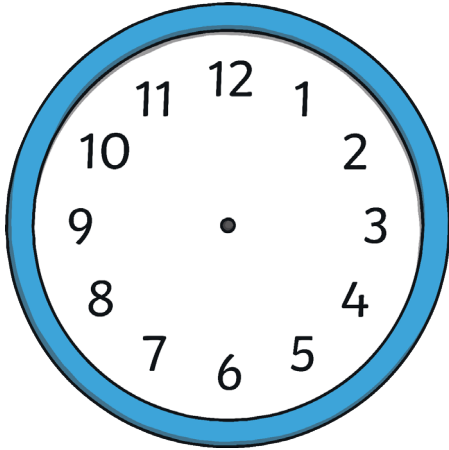
second
clock
half

past
quarter

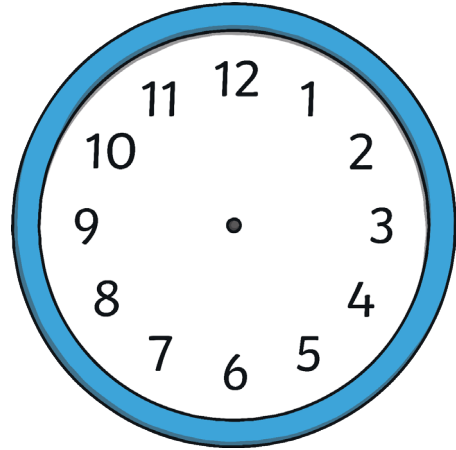


Drawing Hands on a Clock

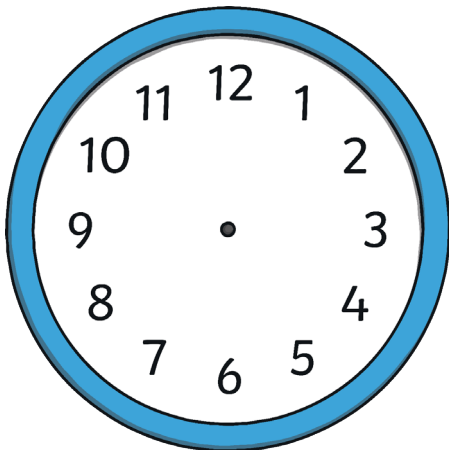
Now, have a go at drawing the hands of the clock to show what time it is. Look carefully at the time and don't forget, the minute hand is the long one and the hour hand is the short one. Check back on the video to help you, if you need it.



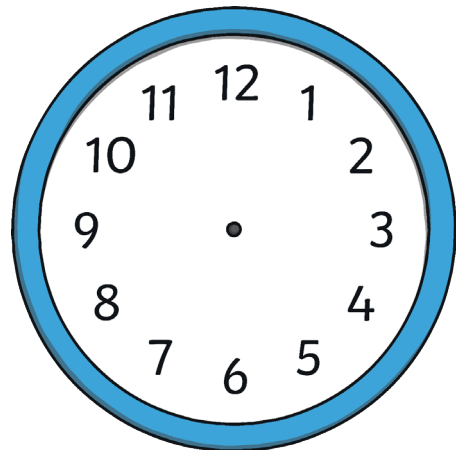
4 o'clock



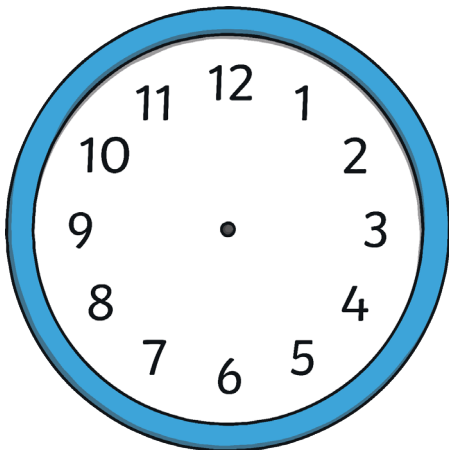
11 o'clock



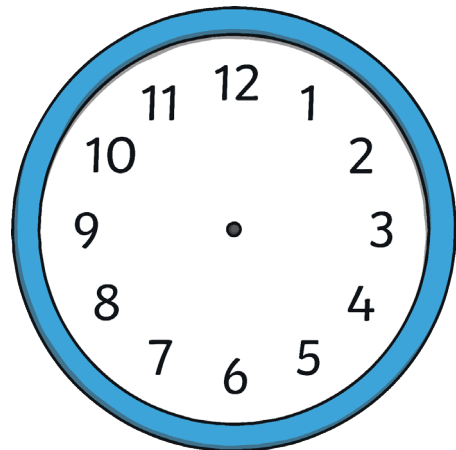
half past 2



half past 12



12 o'clock

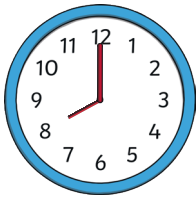


half past 8

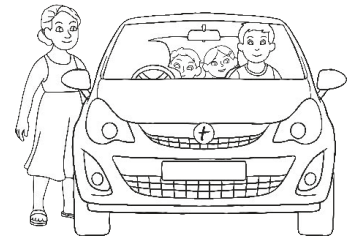
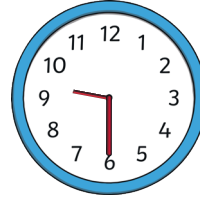
Plan a Day Trip

Have a go at planning your own day trip to the beach for you and family or friends. Look at the clocks and write the time which is shown. Then, you can colour in the pictures!

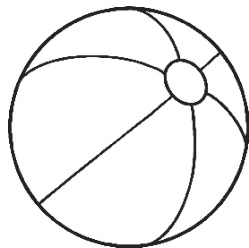
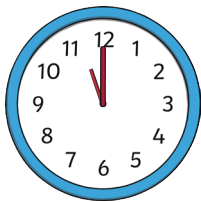
If you want to use this to plan your own day trip to a different place, grab a blank piece of paper and plan what you are going to do. Have a great day out!



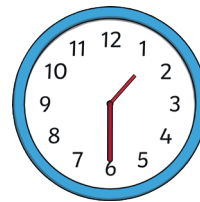
What time will you get up to go to the beach? _____



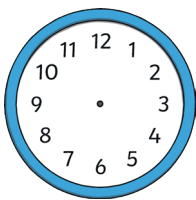
What time will you set off to the beach? _____



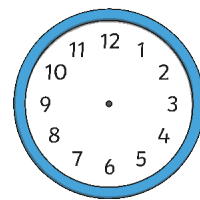
What time will you play on the beach? _____



What time do you eat an ice cream? _____



At 3 o'clock, you will go for a swim. Draw the hands on the clock.



At half past 4, you will head home. Draw the hands on the clock.

If you go to the beach the day after Saturday, what day will you be going to the beach? _____

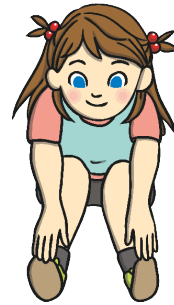
What Can You Do in One Minute? Challenges

It's time to get up and do something active! One minute can sometimes feel like a long time and sometimes it goes really quickly. You will need a timer (this can be on a phone or tablet) and it might be helpful to have a partner or grown-up who can help you time yourself or count what you are doing. You could even have a race and see who can do the most in one minute.

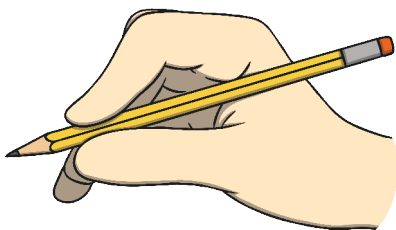
Write how many of each thing you did in the space.



How many star jumps can you do in one minute?



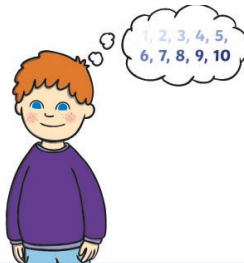
How many times can you touch your toes in one minute?



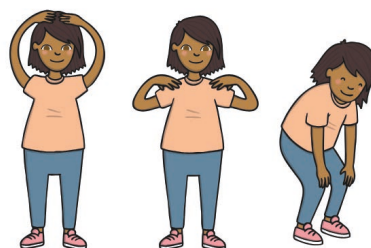
How many times can you write your name in one minute?



How many times can you run from one side of a room or garden to the other in one minute?



How many times can you count to 10 in one minute?



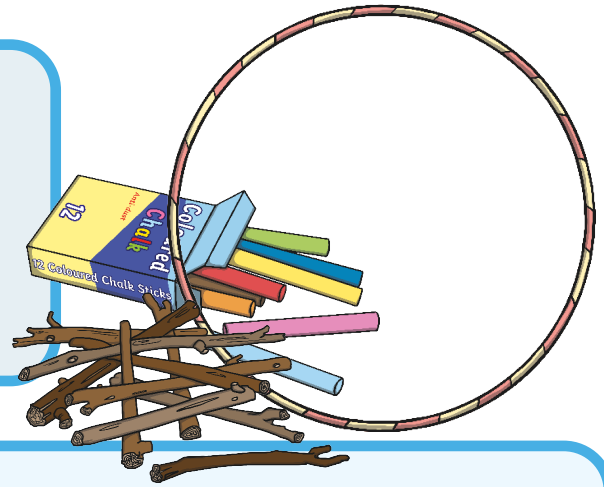
How many times can you do heads, shoulders, knees and toes in one minute?

Make Your Own Hula Hoop Clock

Having fun is the best way to learn. Head outside, with just a few items, and create your own clock face. You will be able to move the hands so you are in charge of the time!

You will need:

- a hula hoop
- chalk
- two sticks, one longer than the other (or something that you have in the house, such as wooden spoons)



Method:

- 1 Place your hoop on the ground. You will need to put it on the pavement or a patio so that you can use your chalk to add the numbers on.
- 2 Using examples from this booklet or an actual clock, write the numbers 1 - 12 around the inside of your hula hoop so that it looks like a clock face. Think carefully about where each number needs to go, starting with 12 at the top.
- 3 Draw a chalk dot (big enough that you can see it) as close to the middle of the clock face as you can.
- 4 Place the sticks so that one end is on the chalk dot that you have just drawn.
- 5 You can now move the sticks around the clock face, just like the hands of the clock. Remember to use the long stick as the minute hand and the short stick as the hour hand.

You could try:

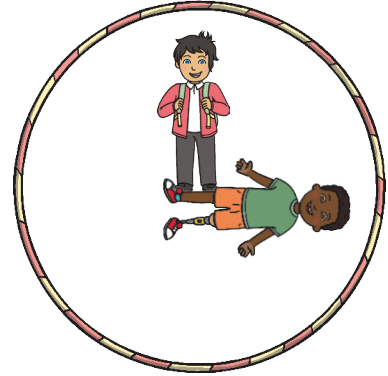
- If you have a partner or grown-up with you, they could tell you a time and you can put the hands in the right place.
- Your partner could move the hands and ask you to say what time is on the clock.
- If you have enough resources, set up 2 clocks and see who can tell the time the quickest.
- Play Simon Says with clock times.

Make a Human Clock

What could be better for learning to tell the time than becoming part of a clock? This activity works best with a partner, but it can be done on your own too. Make sure you check with an adult before you do this activity.

You will need:

- chalk
- a partner (see instruction for an alternative)

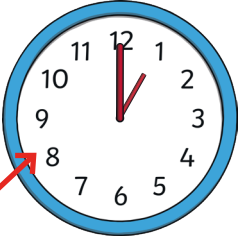


Method:

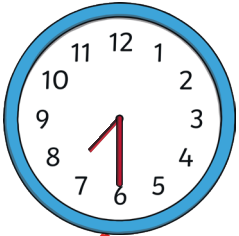
- 1 Find a big patio or areas of concrete where you can draw a big clock. Make sure you find somewhere safe away from roads.
- 2 Using an example, write the numbers of the clock face in a big circle. You may need a grown-up to help you with how big to draw this, but you should have a go at drawing the numbers. Can you remember what we start with at the top?
- 3 Draw a chalk circle as close to the middle of the clock face as you can. You can use a stone or a cone for this if you have something like that handy.
- 4 You and your partner need to decide who is the minute hand and who is the hour hand.
- 5 Somebody needs to shout out a time.
- 6 Then, you and your partner need to act like the hand of a clock with your feet in the middle and your head pointing to the right place. So, if you are the hour hand in 9 o'clock, your head should be pointing to the 9.
- 7 Keep going and have fun!
- 8 If you are on your own, make your clock a bit smaller. Use your arms to point to the time. So, one arm would be the hour hand, and the other arm would be the minute hand. You might find you get all tied in knots with this one!

Answers

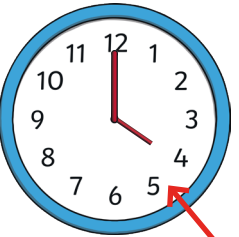
Clock Matching Activity




1 o'clock 3 o'clock 5 o'clock



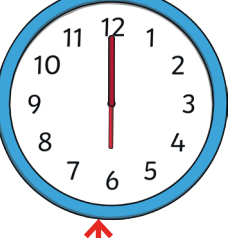
half past 8 half past 7 half past 2



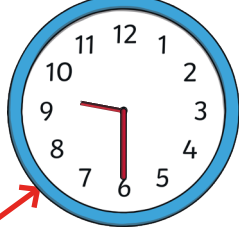
12 o'clock 3 o'clock 4 o'clock



half past 11 half past 2 half past 6



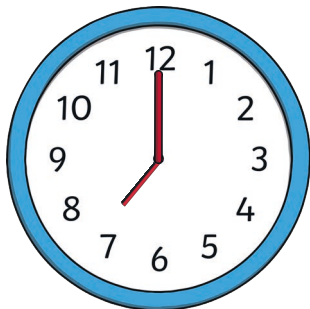
12 o'clock 6 o'clock 9 o'clock



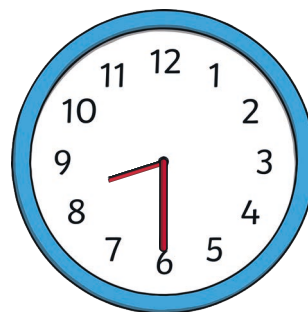
half past 9 half past 3 half past 6

Answers

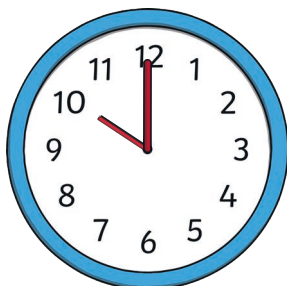
School Day Challenge



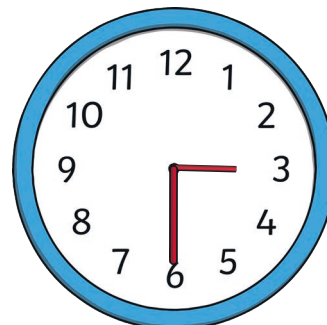
At 7 o'clock, I ate my breakfast.
What is your favourite breakfast?



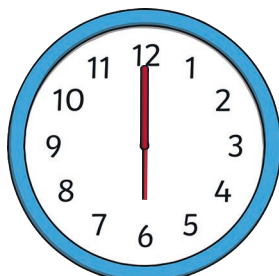
At half past 8, I walked to school.
How do you get to school?



At 10 o'clock, it was playtime.
What adventures do you get up
to at playtime?



At half past 3, I went to an
after-school club. Do you have
any hobbies?



At 6 o'clock, I played in the
garden. How do you like to relax?

Answers

Time Word Search

h q w ~~p a s t~~ e r
o y u i o p a d s
u f ~~t i m e~~ g h e
r ~~q u a r t e r~~ c
l z ~~c l o c k~~ c o
v b n m q w e r n
~~m i n u t e~~ d f d
y u i o p ~~h a l f~~
x r q c a h k u w

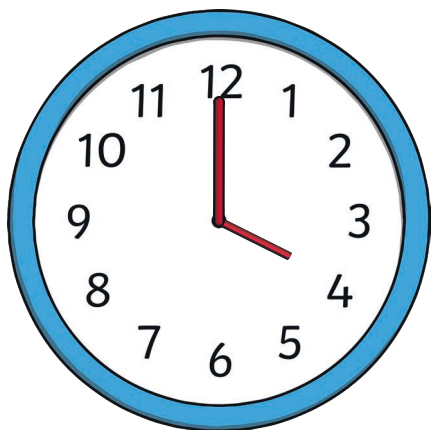
time
minute
hour

second
clock
half

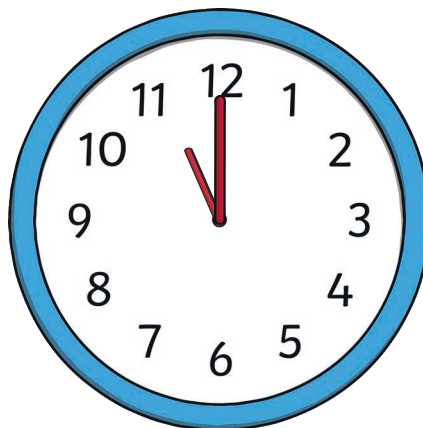
past
quarter

Answers

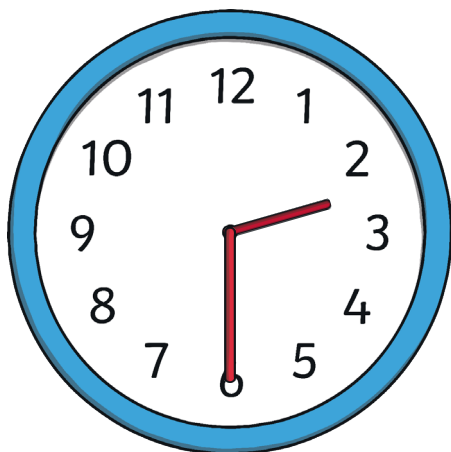
Drawing Hands On a Clock



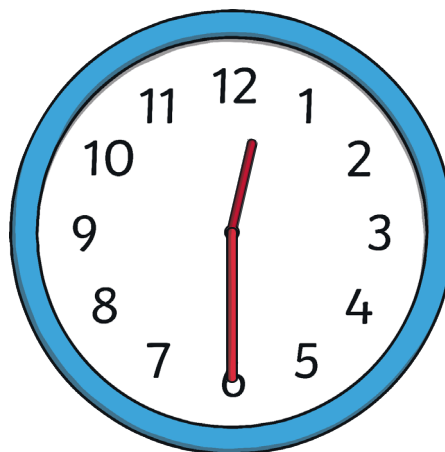
4 o'clock



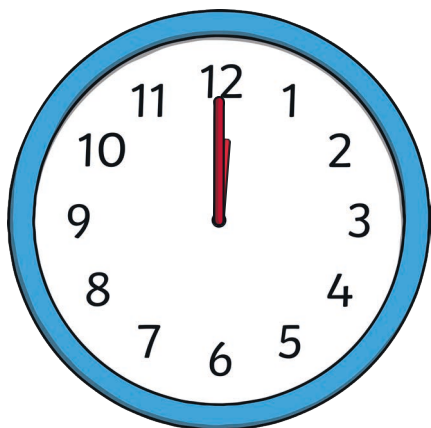
11 o'clock



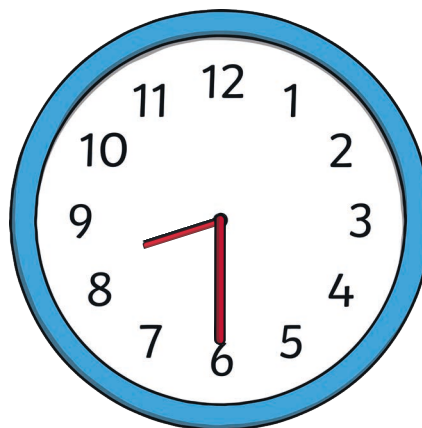
half past 2



half past 12



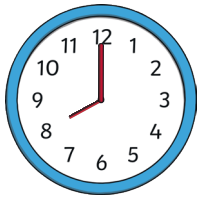
12 o'clock



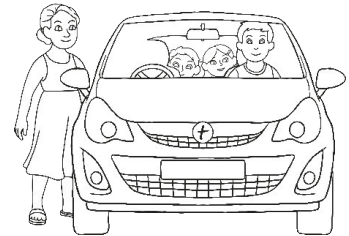
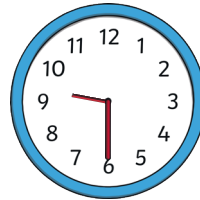
half past 8

Answers

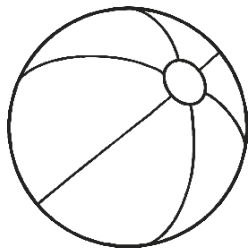
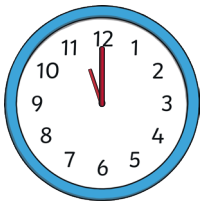
Drawing Hands On a Clock



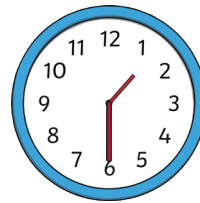
What time will you get up to go to the beach? 8 o'clock



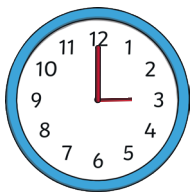
What time will you set off to the beach half past 9



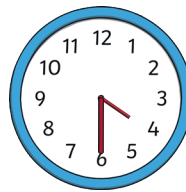
What time will you play on the beach? 11 o'clock



What time do you eat an ice cream? half past 1



At 3 o'clock, you will go for a swim. Draw the hands on the clock.



At half past 4, you will head home. Draw the hands on the clock.

If you go to the beach the day after Saturday, what day will you be going to the beach? Sunday

We hope you find the information on our website and resource useful. The description of any physical activity contained within this resource is intended as a general guide only. It may not fit your specific situation. You should not rely on the resource to be right for your situation. It is your responsibility to decide whether to carry out the activity at all and, if you do, to ensure that the activity is safe for those participating. You are responsible for carrying out proper risk assessments on the activities and for providing appropriate supervision. We are not responsible for the health and safety of your group or environment so, insofar as it is possible under the law, we cannot accept liability for any loss suffered by anyone undertaking any activity or activities referred to or described in this resource. It is also your responsibility to ensure that those participating in the activity are fit enough to do so and that you or the organisation you are organising it for has the relevant insurance to carry out the physical activity. If you are unsure in any way, we recommend that you take guidance from a suitably qualified professional.

We hope the information on our website and resources is useful. It is your responsibility to note that some ingredients and/or materials used might cause allergic reactions or health problems and to ensure that you are fully aware of the allergies and health conditions of those taking part. If you have any concerns about your own or somebody else's health or wellbeing, always speak to a qualified health professional. Remember, activities listed within the resource should always be supervised by an appropriate adult.



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